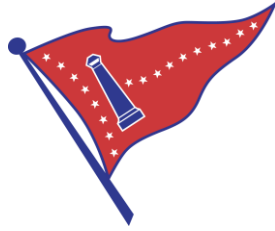


Sailing Instructions 2025 ILYC Shields Fleet 9 Wednesday Night Series



2025 ILYC Shields Wednesday Night Series

SAILING INSTRUCTIONS

ORGANIZING AUTHORITY – IDA LEWIS YACHT CLUB

May 9, 2025

1. RULES.

1.1 Racing will be governed by the rules as defined in the 2025 – 2028 Racing Rules of Sailing (RRS) and the current Shields Class Association rules.

1.2 U.S. Sailing Prescription Appendix V will apply.

1.3 The RRS are changed: 35 – Race Time Limit & Scores; 44.1 – Taking a Penalty, 44.2 – Scoring Penalty, 90.3(a) – Scoring, Appendix A – Scoring, Appendix V – Alternative Penalties.

1.4 The Protest Committee may impose suitable penalties, other than disqualification, for violations of any non-Part 2 rule.

1.5 The US SAILING Prescriptions to the rules do not apply, except the prescriptions to RRS 88.2, Appendix R, Appendix V, and prescriptions to RRS 76.1.

1.6 A boat touching a Race Committee boat that is part of the starting line such as the signal boat, an anchored Pin boat, or the buoys attached to the signal or pin boat at any time may not take any alternative penalties. NOR 9.2(b) applies.

2. NOTICES TO COMPETITORS. The Shields Fleet 9 web site is the official location of the Notice of Race, Sailing Instructions as well as other communications to Fleet members. Notices to competitors may also be posted on the Shields Notice Board at Ida Lewis Yacht Club. The Notice Board is located at [NORs and SIs – Shields Fleet 9](#).

3. CHANGES TO THE SAILING INSTRUCTIONS. Changes to the Sailing Instructions will be posted before 15:00 on the day on which they will take effect. Copies will be available on the Fleet 9 website.

4. SIGNALS MADE ASHORE.

4.1 Signals made ashore may be displayed from the yardarm of the Ida Lewis YC Flagpole and broadcast on Ch 79A.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP. AP flag may be replaced with an announcement on CH 79A VHF.

Sailing Instructions 2025 ILYC Shields Fleet 9 Wednesday Night Series

5. SCHEDULE.

Spring Series

May 14, 21, & 28 Warning Signal 5:45 PM Rendezvous – South of the bridge

June 4, 11, 18, & 25 Warning Signal 5:45 PM Rendezvous – North of the bridge

Summer Series

July 2, 9, 16, 23, & 30 Warning Signal 5:45 PM Rendezvous – North of the bridge

August 6 & 13 Warning Signal 5:45 PM Rendezvous – North of the bridge

Fall Series

Aug 20 & 27 Warning Signal 5:30 PM Rendezvous – North of the bridge

September 3, 10, 17, & 24 Warning Signal 5:30 PM Rendezvous – South of the bridge.

Oct. 1 Warning Signal 5:30 PM Rendezvous – South of the bridge

5.1 Each series will consist of up to ten (10) races each.

5.2 In the event that sailing conditions in the designated area are unsuitable, the race committee may announce an alternate starting location on Ch79A and proceed to the new starting location.

6. SECOND RACE.

6.1 The Race Committee may, if conditions permit, start a second race on any Wednesday in a series. This will be indicated at the end of the first race via an announcement on Ch 79A and display of flag 2nd Substitute.

6.2 Should a race be cancelled, the first race sailed on the following Wed. will be the postponed race.

6.3 See SI 5.1 re potential for sailing up to 10 races in each series.

7. CLASS FLAG. The Shields Class flag will be used for the race start. The Shields Class flag is the Shields insignia displayed on a white field.

8. COURSES. The course to be sailed will be broadcast on Channel 79A VHF from the Committee's signal boat prior to the warning and designated on a board on the Committee Boat. Failure to display a course board is not grounds for redress. Typical course diagrams are shown in Appendix A.

Sailing Instructions 2025 ILYC Shields Fleet 9 Wednesday Night Series

9. MARKS.

9.1 The marks used for the series will be Government Marks, Special Racing Marks, or inflated racing marks.

9.2 The Government Marks and Special Racing Marks will be identified using their designation on the 2024 – 2027 South Bay Race Chart.

9.3 Special Race Marks (SRM) A, B, C & D and H are yellow plastic barrels.

10. AREAS THAT ARE OBSTRUCTIONS.

10.1 A security zone extends along the west shore of the Navy Base from the breakwater to the War College and is marked by a series of white buoys. Boats shall not sail to the east of the line between any two of these white buoys. Boats shall not sail inside any of the rocks known as “The Dumplings.”

10.2 For our purposes the rock south of Bull Point, known as Bull Point Rock, is NOT part of the Dumplings.

11. THE START.

11.1 Races will be started in accordance with RRS 26.

11.2 The starting line will be between the staff flying an orange flag on the Committee Boat and the port end starting mark or the staff flying an orange flag on a pin boat anchored at the port end of the line.

11.3 A boat starting more than 15 minutes after her starting signal will be scored Did Not Start. This changes RRS A4.

11.4 Individual recalls will be handled as per Rule 29.1. The race committee will also attempt to hail boats over early via VHF 79a, but the timing of hail, or failure to do so, or failure of an OCS boat to hear RC communications is not grounds for redress or exoneration.

11.5 If any part of a boat's hull is on the course side of the starting line during the last minute before the starting signal, the race committee may attempt to broadcast advice that the starting line is not clear on Channel 79A VHF.

11.6 Failure to hear an adequate hail made by the RC on 79A will not be grounds for a request for redress. This changes RRS 62.1(a)

12. CHANGE OF COURSE FOR THE NEXT LEG.

12.1 Changes to a course will be announced on Ch. 79A VHF, display of the C flag and repetitive sound signals. The course change will be to a new race mark or Government mark found on the South Bay Chart. Failure to broadcast or failure to receive such broadcast on VHF 79A is not grounds for Redress. This changes RRS 33 (a) (b).

12.2 A windward drop mark, Leeward drop mark or gate may be changed up to 5 degrees without signaling a change of course. If a mark is adjusted, the adjustment may be broadcast on VHF 79A.

Sailing Instructions 2025 ILYC Shields Fleet 9 Wednesday Night Series

Failure to broadcast or failure to receive such broadcast on VHF 79A is not grounds for Redress. This changes RRS 33(a).

13. THE FINISH.

13.1 Unless the course is shortened, (RRS 32.2) the finish line will be between a staff flying the blue flag on a committee boat and the nearby inflatable mark or Government mark or anchored Mark Boat.

14. TIME LIMIT.

14.1 The time limit for each boat will be TWO hours or fifteen minutes before sunset, whichever is earlier.

14.2 In order for a race to be scored, one third of the starters shall have finished within the time limit as defined in 14.1. The one third is calculated by dividing the number of starting boats by three and rounding up to the next whole number.

14.3 Boats failing to finish within the time limit (TLE) shall be scored points equal to one half the number of boats not finishing, rounded to the next higher whole number, plus the number of boats that finished. This alters Appendix A 4.2 & 10.

15. PROTESTS, REQUESTS FOR REDRESS & PENALTIES.

15.1 Protest forms are available on the ILYC website.

15.2 In addition to the requirements of rule 60.2, the intent to protest shall be reported to and acknowledged by the finish line committee boat immediately after finishing – this may be done on Ch. 79A VHF. At the conclusion of racing, if any protests have been received, the committee boat will broadcast the sail numbers of boats involved in any protests on Ch 79A VHF. Failure to hear an adequate hail made by the RC on 79A will not be grounds for a request for redress nor does it exempt any boat from protest obligations.

15.3 The protest time limit is 7 pm (local) the day following the race. Protests shall be delivered by email to RaceCommittee@ILYC.org. Protests will be heard on the schedule determined by the ILYC Protest Committee either in person or using a platform such as Zoom or Google Meets.

15.4(a) Alternative penalties may be used except for incidents described in SI 1.6.

15.4(b) PENALTIES AT THE TIME OF THE INCIDENT - Appendix V applies. Penalty turn(s) may not be taken within the zone of a mark.

15.5 PENALTIES TAKEN AFTER A RACE - After a race, a boat that may have broken a rule of Part 2 or rule 31 while racing may take a Post-Race Penalty for that incident in accordance with Appendix V. The penalty shall be a Scoring Penalty, calculated as stated in rule 44.3(c). except that the Post-Race Penalty shall be (a) 20%, if taken before the protest time limit, or (b) 30%, if taken after the protest time limit. The time limit for the 30% scoring penalty is 7PM the second day following the race. This changes Appendix V2 and V2.

Sailing Instructions 2025 ILYC Shields Fleet 9 Wednesday Night Series

15.6 Protests will be held on the schedule determined by the ILYC Protest Committee in person or using a platform such as Zoom or Google Meets. The Committee which will communicate date and time of the hearing to the parties involved. A list of protests received promptly after racing and of boats which reported performing penalty turns will be placed on the Shields Fleet 9 website.

15.7 The penalty for breaking rule 47, Trash Disposal, is at the discretion of the protest committee and may be less than disqualification.

16. SCORING.

16.1 The scoring system is the Low Point System as described in Appendix A in the RRS and modified by these SI's, except that Rule A5.3 shall apply and be modified so that a boat that does not come to the starting area shall be scored two points more than the number of boats that came to the starting area.

16.2 At least five boats must start for a race to be scored. This changes RRS 90.3(a).

16.3 Three completed races must be sailed to constitute a series. If a series completes 5 or more races, 1 discard will be allowed for that series. If 8 or more races are completed per series, 2 discards will be allowed for that series. This changes rule A2.1.

16.4 Scoring penalties taken after a race – Appendix V will apply.

16.6 {DP} A boat assigned to Race Committee duty may not sail on that day and shall be awarded average points after throw-outs for the series if the boat provides crewmembers for race committee duty as described in this section. The boat assigned for race committee duty shall provide a minimum of THREE Shields crewmembers. The Race Committee may protest a boat that fails to provide crewmembers to serve on the Race Committee on the day assigned. The penalty for a breach of this rule, may, at the discretion of the protest committee, be less than DNE. This amends A 5.

17. SAFETY REGULATIONS.

17.1 A boat that retires shall notify the Race Committee by calling on Ch. 79A VHF as soon as possible.

17.2 Racing yachts shall not impede the passage of commercial vessels operating in navigation channels. Competitors are reminded that Narragansett Bay is a restricted channel and sailing vessels do not have right of way over any vessel that may be restricted in her ability to maneuver. All participants are reminded of their obligation to keep a clear look-out at all times, especially in the vicinity of the Newport Pell Bridge and the entrance to Newport Harbor, which may have a large number of both racing and recreational boats, especially on weekends and during major events. Boats should monitor Channel 16/13 for commercial traffic. A protest for a breach of this rule may only be initiated by the OA, Race Committee, or Protest Committee.

Sailing Instructions 2025 ILYC Shields Fleet 9 Wednesday Night Series

17.3 [DP] If a safety regulation protest is upheld, the penalty may be up to disqualification not excludable (DNE). This changes RRS 64.2.

18. RADIO COMMUNICATIONS.

18.1 Except in an emergency, boats shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

18.2 The Race Committee will endeavor to broadcast an announcement on Ch. 79A VHF approximately one hour prior to the Warning Signal regarding the status of racing.

18.3 The Race Committee may broadcast information regarding the status of the starting line on Ch79A VHF. Failure to make any of the above Race Committee announcements is not grounds for seeking redress.

19. DISCLAIMER OF LIABILITY. All sailors (skipper and crew) must sign the ILYC special liability form prior to competing. Sailing is an activity that carries with it an inherent risk of damage and injury. Competitors participate in these races entirely at their own risk and are reminded to pay special attention to rule 4, Decision to Race. The race organizers, including the OA, Race Committee, Protest Committee, volunteers, or any other affiliated organization or official, will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of practice for or participation in this event on the water or ashore. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in these races to the fullest extent permitted by law.

20. GOVERNMENT MARKS. All government aids to navigation must be observed, except for marks "6", "9", "10", "13", "20", "22", 23, "Q", "X" and "V", which do not need to be honored, unless that mark / aid is used as a turning mark on that leg of the course.

21. SPECIAL INSTRUCTIONS.

21.1 Boats shall not sail between Rose Island and the Newport Bridge. Except for course "T4"; when sailing under the Newport Bridge, boats shall sail through one of the three center spans of the bridge.

21.3 [DP] RRS G1.2(a)(3) shall apply. A protest for a breach of this rule may only be initiated by the OA, Race Committee, or Protest Committee. The penalty for a breach of this rule may, at the discretion of the protest committee, be less than disqualification.

Sailing Instructions 2025 ILYC Shields Fleet 9 Wednesday Night Series

Contact Information

ILYC Race Committee

Guy Sanchez, Race Committee Chair
racecommittee@ILYC.org
401-486-5318

Shields Fleet 9

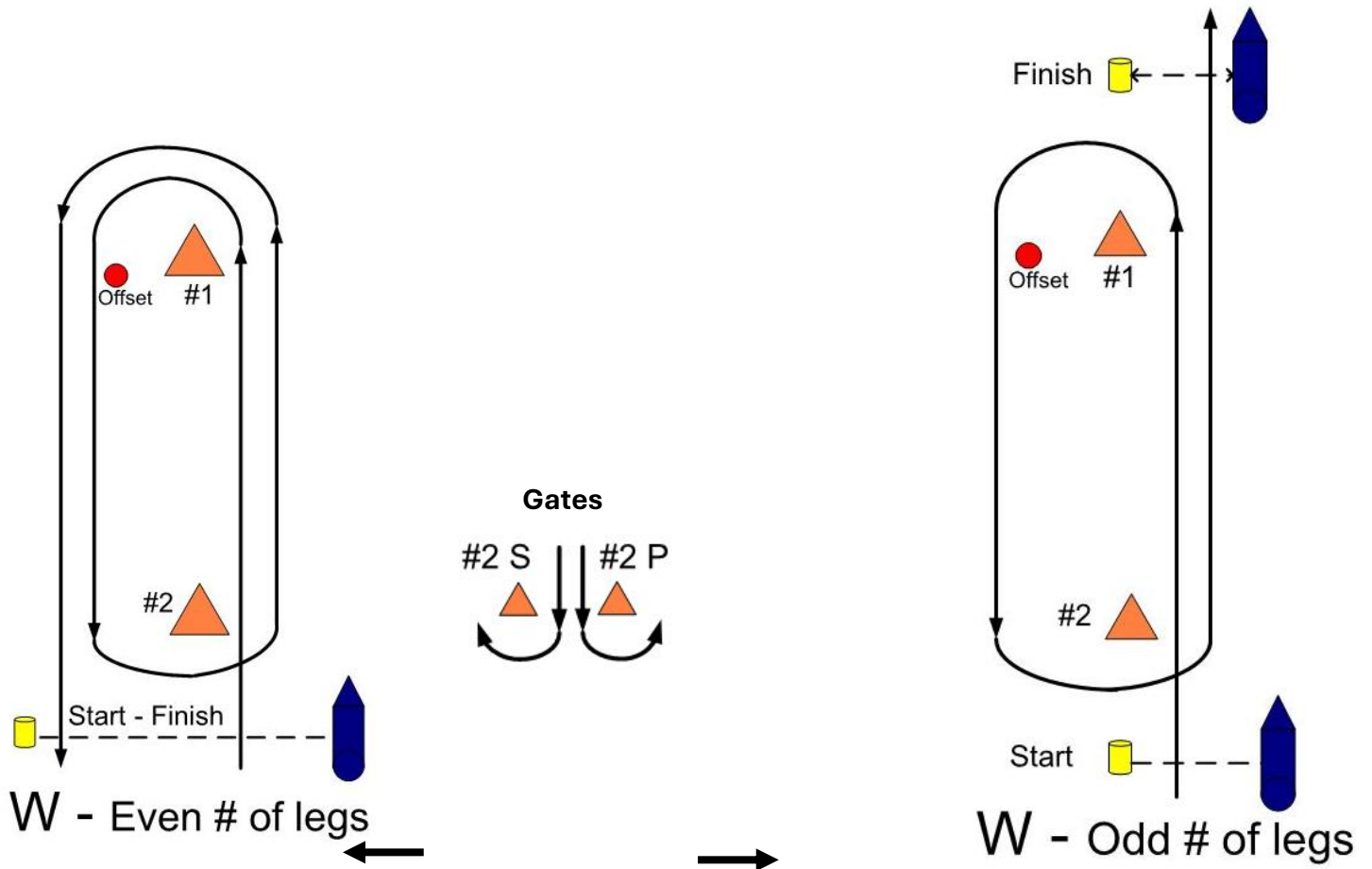
Mike Toppa, Fleet Captain
ShieldsFleet9@gmail.com

Protest Committee

Robbie Benjamin, Chair of the Judges
Committee
Robbie.M.Benjamin@gmail.com

Rev: May 9, 2025

Appendix A: Course Diagrams



Notes:

1. Offset and gate are optional at the sole discretion of the race committee.
2. The race committee will announce (VHF) courses which are not using offsets.
3. The distance between mark #1 and the finish for W- Odd number of legs is not to scale.