



**2018 ILYC One Design SERIES**  
**Shields Fleet (Aloha Cup)**  
**Thistle Fleet**  
**J24 Fleet**  
**J70 Fleet**  
**Ensign Fleet**  
**Star Fleet**

**SAILING INSTRUCTIONS**

**1. RULES**

**1.1** Racing will be governed by the rules as defined in the *Racing Rules of Sailing*.

**1.2** US Sailing Prescription Appendix V will apply.

**1.3** It is the responsibility of Shields competitors to check the Shields Fleet 9 web site which is the official location of the Notice of Race, Sailing Instructions as well as other communications to Fleet members.

**1.4** It is the responsibility of Thistle competitors to check the Thistle Fleet web site which is the official location of the Notice of Race, Sailing Instructions as well as other communications to Fleet members.

**1.5** It is the responsibility of J24 competitors to check the J24 Fleet 50 web site which is the official location of the Notice of Race, Sailing Instructions as well as other communications to Fleet members.

**1.6** It is the responsibility of J70 competitors to check the J70 Fleet web site which is the official location of the Notice of Race, Sailing Instructions as well as other communications to Fleet members.

**1.7** It is the responsibility of Ensign competitors to check the Ensign Fleet web site which is the official location of the Notice of Race, Sailing Instructions as well as other communications to Fleet members.

**1.8** It is the responsibility of Star competitors to check the Star Fleet web site which is the official location of the Notice of Race, Sailing Instructions as well as other communications to Fleet members.

**2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Shields Notice Board at Ida Lewis Yacht Club.

### 3. CHANGES TO THE SAILING INSTRUCTIONS

Changes to the Sailing Instructions will be posted before 11:30 AM on the day on which they will take effect. Copies will be available at Ida Lewis and from the Race Committee signal boat.

### 4. SIGNALS MADE ASHORE

**4.1** Signals made ashore will be displayed from the yardarm of the Ida Lewis YC Flagpole.

**4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

**4.3** If sailing is to take place north of the Pell Newport Bridge, a flag "R" will be raised at ILYC. If the "R" flag is not raised, sailing will be south of the bridge.

### 5. SCHEDULE

**5.1** Racing will be held on the following Saturdays.

First Series	<b>June 16th</b>
Second Series	<b>July 14th</b>
Third Series	<b>July 28th</b>
Possible Rain Day	<b>September 15th</b> (refer to section 5.4)

**5.2** The first warning signal is scheduled for 1:30 PM.

**5.3** The Race Committee may run up to six races on each day of racing. Flag A displayed with no sound signal as boats are finishing any race of the day means 'No more racing today.'

**5.4** In the event that racing is canceled, September 15th may be used as a makeup day at the sole discretion of the race committee.

### 6. RACING AREA

**6.1** There are two locations for racing.

**6.2** Sailing area A will be south of the Newport Pell Bridge in the vicinity of Rose Island.

**6.3** Sailing area B will be north of the Newport Pell Bridge south of Gould Island.

**6.4** The sailing area will be announced on **Channel 79A VHF** by 12:30 AM each day.

**7. CLASS FLAGS** The class flag for the Shields competitors will be the Shields insignia on a white field. The class flag for the Thistle competitors will be a Thistle class pennant. The class flag for the J24 competitors will be the J24 insignia on a white field. The class flag for the J70 competitors will be the J70 insignia on a white field. The class flag for the Ensigns will be an Ensign class pennant. The class flag for the Stars will be a Star class pennant.

**8.** Courses will be in accordance with the current Sail Newport South Bay chart. The course to be sailed will be designated on a board on the Committee Boat.

**8.1 SPECIAL COURSES:** indicated by Flag "**D**" at the display of the course board – marks will be chosen from those listed on the South Bay chart or as triangles for when tetrahedrons are used for dropped marks.

**8.2 OFFSET MARKS:** When Flag "**Q**" is displayed with the course signals, an offset mark will be laid at the windward mark. This mark is to be left on the same hand as the windward mark and will be an orange sphere. An offset mark will not be set if the windward mark is changed.

**8.3 GATES:** When "**Flag G**" is displayed with the course signals, the Race Committee will set a leeward gate in the vicinity of the leeward mark indicated on the South Bay chart. Failure of the Race Committee to set or maintain the offset or gate marks shall not be grounds for redress. This changes Rule 62.1(a). Leeward gate marks will be inflated race marks. In the event that the gate is not maintained, boats will leave the remaining single mark or, if no gate mark is in position, the nearby Government mark to port.

## 9. AREAS THAT ARE OBSTRUCTIONS

A security zone extends along the west shore of the Navy Base from the breakwater to the War College and is marked by a series of white buoys. Boats shall not sail to the east of the line between any two of these white buoys. Boats shall not sail inside any of the rocks known as “The Dumplings”

## 10. THE START

**10.1** Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.

**10.2** The anticipated first race of race day will be Shields Class with at least a one minute delay before the next class warning is made. The anticipated order of classes for the start of the first race will be Shields, J24s, J70s, Thistles, then Ensigns. However, the race committee may at its sole discretion change the order of the first and subsequent starts. In the event that classes are to start at the same time, an announcement will be made on Ch 79A identifying the classes that are being started together. If multiple classes are being started together, the warning signals for those classes will be displayed simultaneously.

**10.3** Boats whose warning signal has not been made shall keep clear of the starting area.

**10.4** The starting line will be between the staff flying an orange flag on the Committee Boat and a starting mark or a staff flying an orange flag on a pin boat anchored at the end of the line.

**10.5** A boat starting more than 15 minutes after her starting signal will be scored Did Not Start. This changes RRS A4.

**10.6** If any part of a boat's hull, crew or equipment is on the course side of the starting line at her starting signal and she is identified, the race committee will broadcast her sail number on **Channel 79A VHF**.

**10.7** All radio broadcasts are available as a courtesy only. Failure to receive or properly interpret these communications shall not be grounds for redress under RRS 62

## 11 CHANGE OF COURSE FOR THE NEXT LEG

Add to RRS 33 (a) – “(3) by displaying the designation of the new next mark and making a back up announcement on **Ch 79A VHF**.” Radio broadcasts are available as a courtesy only. Failure to receive or properly interpret these communications shall not be grounds for redress under RRS 62.

## 12 THE FINISH

Unless the course is shortened, the finish line will be between a staff flying the blue flag on a race committee boat and the nearby mark. The race committee will attempt to make the last leg of the course a beat to windward, but failure to do so will not be grounds for a request for redress.

## 13. TIME LIMIT

The time limit for each boat will be 90 minutes.

## 14. PROTESTS, REQUESTS FOR REDRESS & PENALTIES

**14.1** Protest forms are available at the ILYC Dock Office.

**14.2** In addition to the requirements of rule 61.1, the intent to protest shall be reported to and acknowledged by the finish line committee boat immediately after finishing – this may be done on **Ch. 79A VHF**. At the conclusion of racing, if any protests have been received, the committee boat will broadcast the sail numbers of boats involved in any protests on **Ch 79A VHF**. Failure to do so is not grounds for seeking redress nor does it exempt any boat from protest obligations.

**14.3** The protest time limit is **7 pm (local) the day following the race**. Protests shall be delivered to the ILYC dock office. Protests may also be submitted by fax to (401) 846 8234.

**14.4 PENALTIES AT THE TIME OF THE INCIDENT:** The first two sentences of rule 44.1 are changed to: A boat may take a One-Turn penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken rule of Part 2 while in the zone around a mark other than the starting mark, her penalty shall be a Two-Turns Penalty. Penalty turn(s) may not be taken within the zone of a mark.

**14.5 PENALTIES TAKEN AFTER A RACE:** After a race, a boat that may have broken a rule of Part 2 or rule 31 while racing may take a Post-Race Penalty for that incident. The penalty shall be a Scoring Penalty, calculated as stated in rule 44.3(c). However, rules 44.1(a) and (b) apply. A boat takes a Post-Race Penalty by informing the race committee in writing and identifying the race number and when and where the incident occurred. The Post-Race Penalty shall be (a) 20%, if taken before the protest time limit, or (b) 30%, if taken after the protest time limit, but before the beginning of a hearing involving the incident.

**14.5** Protests will be heard at Ida Lewis Yacht Club – time and date to be decided by Ida Lewis Yacht Club Protest Committee. A list of protests received promptly after racing and of boats which reported performing penalty turns will be placed on the Shields Notice Board at ILYC.

**14.6** If one of the parties to a protest fails to show for the hearing and the protest is deemed to be valid, the Protest Committee will proceed to hear the protest.

**14.7** The penalty for breaking rule 55, Trash Disposal, is at the discretion of the protest committee (DP) and may be less than disqualification.

## **15 SCORING**

**15.1** Appendix A – Low point system will be used except that at least two boats must start in order for a race to be scored;

## **16. SAFETY REGULATIONS**

**16.1** A boat that retires shall notify the Race Committee by calling on **VHF Ch 79A** as soon as possible.

**16.2** Boats are reminded that Narragansett Bay is a restricted channel and that sailing vessels do not have right-of-way over a vessel under power which may be restricted in her ability to maneuver.

**16.3** Boats that infringe the second paragraph of the Preamble to Part 2 of the RRS and are witnessed by a member of the Race Committee are subject to protest by the Race Committee.

**16.4** If the protest is upheld, the boat shall be disqualified from the race and scored DNE.

In addition, if the boat being disqualified is part of Shields Fleet 9, she shall not sail in the next two scheduled races of the **Wednesday** series.

## **17. RADIO COMMUNICATION**

**17.1** Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

**17.2 Competitors shall monitor Ch 79A VHF while racing for Race Committee communications.**

**17.3** All radio broadcasts are available as a courtesy only. Failure to receive or properly interpret these communications shall not be grounds for redress under RRS 62

## **18. DISCLAIMER OF LIABILITY.**

**18.1** Competitors participate in the races entirely at their own risk. See Rule 4.

**18.2** Decision to race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the races.

## **19. GOVERNMENT MARKS.**

**All government aids to navigation must be observed, except for marks “6”, “9”, “10”, “13”, “20”, “22”, 23, “Q”, “X” and “V”, which do not need to be honored, unless that mark / aid is used as a turning mark on that leg of the course.**

## **20. SPECIAL INSTRUCTIONS**

Boats shall not sail between Rose Island and the Newport Bridge. Except for course “T4”, when sailing under the Newport Pell Bridge, boats shall sail through one of the three center spans of the bridge.

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